



St Francis of Assisi

May
2023

Lunch Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|---|
| 1 Crispy Chicken Tenders Cornbread Buffalo Chicken Wrap Red/Orange Bell Pepper Fresh Orange Milk Choice | 2 Sloppy Joe on a Bun Chicken Caesar Salad Roasted Broccoli Fresh Mixed Fruit Milk Choice | 3 Macaroni & Cheese Whole Grain Dinner Roll Corn Dog Roasted Corn Pineapple Tidbits Milk Choice | 4 Crispy Chicken Sandwich Buffalo Chicken Wrap Coleslaw Applesauce Milk Choice | 5 Pizza Parlor French Toast Sticks Sausage Patty Steamed Carrots Diced Pears Milk Choice |
| 8 Chicken Alfredo w/Pasta Garlic Toast Turkey BLT Wrap Green Beans Fresh Grapes Milk Choice | 9 BBQ Rib Sandwich Crispy Chicken Salad Steamed Corn Fresh Mixed Fruit Milk Choice | 10 Soft Shell Taco Crispy Chicken Tenders Refried Beans Pineapple Tidbits Milk Choice | 11 Italian Meatball Sub Crispy Chicken Sandwich Roasted Broccoli Applesauce Milk Choice | 12 Pizza Parlor Sausage Breakfast Biscuit Cherry Tomato Diced Pears Milk Choice |
| 15 BBQ Pulled Pork Sandwich Taco Salad Coleslaw Banana Milk Choice | 16 Chicken & Gravy Mashed Potatoes Whole Grain Dinner Roll Buffalo Chicken Wrap Mixed Canned Fruit Milk Choice | 17 Soft Beef Tacos Chicken Bites w/ Sweet & Sour Sauce Brown Rice Baked Beans Pineapple Tidbits Milk Choice | 18 Grilled Cheese Sandwich Crispy Chicken Sandwich Tater Tots Applesauce Milk Choice | 19 Pizza Parlor Chef Salad California Blend Vegetable Diced Pears Milk Choice |
| 22 Cheeseburger on a Bun Buffalo Chicken Fajita Wrap Baked Beans Fresh Pear Milk Choice | 23 Meatball Marinara Sub Cheesy Italian Flatbread Marinara Sauce Steamed Green Beans Mixed Canned Fruit Milk Choice | 24 Carnita Nachos Salsa Honey Mustard Ham Wrap Roasted Peppers Pineapple Tidbits Milk Choice | 25 Chicken Fried Rice Corn Dog Cucumber Slices Applesauce Milk Choice | 26 Pizza Parlor Crispy Chicken Sandwich Steamed Carrots Fresh Pear Milk Choice |
| 29 No School | 30 Beef Hot Dog on a Bun Calico Bean Bake Canned Fruit Bar Milk Choice | 31 Hamburger on a Bun Mixed Vegetables Canned Fruit Milk Choice | All Grains Served are Whole Grain | |

PRICES

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|---------------|--------|
| Student Lunch | \$3.30 |
| Extra Entree | \$1.50 |
| Staff Lunch | \$4.95 |
| Extra Milk | \$.50 |

EXTRA INFO

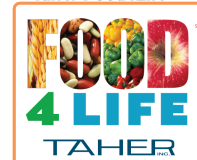
Milk Choice of 1% White or Skim Chocolate is Included with Lunch. Questions or Concerns Contact Michelle. michelle.nelson@rcsmn.org

HARVEST OF



THE MONTH

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