



Holy Spirit Catholic School Lunch Menu

October
2021

Seasonal Fresh Fruits and Vegetables Offered with Every Lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	* Menu Subject to Change			1 Pepperoni Pizza Mixed Vegetables Chicken Caesar Wrap Fresh Seasonal Vegetables Fresh and Canned Fruit
4 Corn Dog Kettle Potato Chips Steamed Corn Turkey Ranch Wrap Fresh Seasonal Vegetables Fresh Fruit Bar	5 BBQ Rib Sandwich Tater Tots Crispy Chicken Salad Fresh Seasonal Vegetables Fresh and Canned Fruit	6 Italian Pasta Bake Bread Stick Crispy Chicken Sandwich Garlic & Herb Broccoli Fresh Seasonal Vegetables Fresh and Canned Fruit	7 Chicken Tacos Lettuce, Tomato and Cheese Spicy Pinto Beans Honey Mustard Ham Wrap Fresh Seasonal Vegetables Fresh and Canned Fruit	8 Cheesy Italian Flatbread Marinara Sauce Turkey & Cheese Sandwich Fresh Seasonal Vegetables Fresh and Canned Fruit
11 Crispy Chicken Nuggets Whole Grain Dinner Roll Ham Deli Sub Sandwich Fresh Seasonal Vegetables Fresh and Canned Fruit	12 BBQ Chicken Sandwich Baked Beans Turkey BLT Salad Fresh Seasonal Vegetables Fresh and Canned Fruit	13 Soft Beef Tacos Lettuce, Tomato and Cheese Cilantro Lime Rice Yogurt Pak with Pretzel Bites Fresh Seasonal Vegetables Fresh and Canned Fruit	14 Orange Chicken Brown Rice Cheeseburger on Bun Mashed Potatoes Fresh Seasonal Vegetables Fresh and Canned Fruit	15 Cheese Bread Marinara Sauce Buttered Green Beans WG Chips, Salsa & Cheese Cubes Fresh Seasonal Vegetables Fresh and Canned Fruit
18 Italian Meatball Sub Turkey BLT Wrap Fresh Seasonal Vegetables Fresh and Canned Fruit	19 Parmesan Chicken Bites Garlic Toast Buttered Green Beans Buffalo Chicken Salad Fresh Seasonal Vegetables Fresh and Canned Fruit	20 Chicken Crispito Refried Beans Chef Salad Fresh Seasonal Vegetables Fresh and Canned Fruit	21 No School Fall Break	22 No School Fall Break
25 Hamburger on a Bun Golden French Fries Chicken Caesar Wrap Fresh Seasonal Vegetables Fresh and Canned Fruit	26 Salisbury Steak Whole Grain Dinner Roll Corn Dog Cheesy Mashed Potatoes Fresh Seasonal Vegetables Fresh and Canned Fruit	27 Crispy Chicken Tenders Bread Stick Buttered Peas Ham Deli Sub Sandwich Fresh Seasonal Vegetables Fresh and Canned Fruit	28 Walking Taco Lettuce, Tomato and Cheese Chef Salad Fresh Seasonal Vegetables Fresh and Canned Fruit	29 Pizza Parlor Caesar Side Salad Chefs Choice, Sandwich or Wrap Fresh Seasonal Vegetables Fresh and Canned Fruit

PRICES

Student Lunch	Free
Second Entree	\$1.25
Staff Lunch	\$4.15
Extra Milk	\$.50

EXTRA INFO

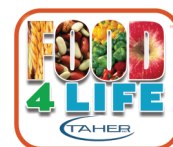
Milk Choice of 1% White or Skim
 Chocolate is included with Lunch.
 For Questions or Concerns, Contact
 Scott Tobin
 s.tobin@taher.com (651) 491-1699

HARVEST OF



THE MONTH

Your MENUS plus more
 information on our app
 Taher Food4Life®



www.taher.com

Menus are subject to change without notice. This institution is an equal opportunity provider.