

# Lourdes High School Lunch Menu

February  
2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Pork Lo Mein Sugar Snap Pea	2 Chicken Enchiladas Spanish Rice	3 Crispy Fried Cod French Fries Tarter & Lemon
6 Chicken Tinga Taco Yellow Rice Black Beans	7 Chicken Bacon Ranch Melt Kettle Chips Apple	8 Cheesy Italian Flatbread Tomato Cucumber Salad	9 Farfalle w/Pesto, Green Beans & Tomatoes Garlic Breadstick	10 Banh Mi Roast Chicken Sandwich Roasted Cauliflower Kiwi
13 Chicken Tenders Mashed Potato Roasted Broccoli	14 Southwest Chicken Wrap Firenze Corn Salad Seasoned Pinto Beans	15 Lo Mein Noodles Egg Roll Sugar Snap Pea	16 Carved Turkey Sandwich Roasted Sweet Potatoes Kale Caesar Salad	17 Italian Beef Stacker Chicken Noodle Soup
20	21 Honey Lime Pork Sandwich Fruited Spinach Salad w/ Maple Balsamic Dressing Roasted Broccoli	22 <b>Ash Wednesday</b> Broccoli Cheese Soup Loaded Baked Potato Soup Fresh Rolls	23 Fettuccini w/ Chicken Arugula & Parmesan Roasted Root Vegetables	24 Fish Sandwich Kettle Chips
27 Pasta Con Le Sausage Garlic Breadstick Green Beans with Toasted Brown Butter Breadcrumbs	28 Porcupine Sliders French Fried Potatoes			

PRICES

Entree Prices:  
\$4.95

EXTRA INFO

For questions, contact:  
Chef Jason Hughes  
Jason.hughes@rcsmn.org

HARVEST OF



THE MONTH

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