



St Francis of Assisi Catholic School

January
2022

Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 No School	4 Cheeseburger on a Bun Golden Crinkle Cut French Fries Pretzel Bites & Cheese Munchable Fresh Seasonal Vegetable Fresh or Canned Fruit	5 Popcorn Chicken Bowl Whole Grain Dinner Roll Corn Dog Fresh Seasonal Vegetable Fresh or Canned Fruit	6 Soft Beef Tacos Spicy Pinto Beans Buffalo Chicken Wrap Fresh Seasonal Vegetable Fresh or Canned Fruit	7 Pizza Parlor Caesar Side Salad Egg Salad Sandwich Fresh Seasonal Vegetable Fresh or Canned Fruit
10 Chicken Parmesan Sandwich Roasted Broccoli Pizza Munchable Fresh Seasonal Vegetable Fresh or Canned Fruit	11 Turkey Taco Mexican Corn Chicken Caesar Wrap Fresh Seasonal Vegetable Fresh or Canned Fruit	12 Lasagna Rollup with Sauce Garlic Breadstick Green Beans Turkey BLT Salad Fresh Seasonal Vegetable Fresh or Canned Fruit	13 BBQ Rib Sandwich Golden Crinkle Cut French Fries Baked Beans Corn Dog Fresh Seasonal Vegetable Fresh or Canned Fruit	14 Cheesy Italian Flatbread Marinara Sauce Caesar Side Salad Honey Mustard Ham Wrap Fresh Seasonal Vegetable Fresh or Canned Fruit
17 Bread Stick Chicken Alfredo w/Pasta Garlic & Herb Broccoli Pretzel Bites w/Cheese Cubes Fresh Seasonal Vegetable Fresh or Canned Fruit	18 Soft Beef Tacos Lettuce, Tomato and Cheese Refried Beans Ham and Cheese Flatbread Munchable Fresh Seasonal Vegetable Fresh or Canned Fruit	19 Teriyaki Chicken Fried Rice Beef Taco Salad Fresh Seasonal Vegetable Fresh or Canned Fruit	20 Italian Meatball Sub Garlic & Herb Broccoli Beef Hotdog on a Bun Fresh Seasonal Vegetable Fresh or Canned Fruit	21 No School
24 Pancakes Syrup Sausage Patty Cheese Stick Chef Salad Fresh Seasonal Vegetable Fresh or Canned Fruit	25 Walking Taco Lettuce, Tomato and Cheese Mexican Corn Corn Dog Fresh Seasonal Vegetable Fresh or Canned Fruit	26 Chicken Bacon Ranch Melt Baked Beans Cheeseburger on a Bun Fresh Seasonal Vegetable Fresh or Canned Fruit	27 BBQ Pulled Pork Sandwich Golden Crinkle Cut French Fries Baked Beans Turkey BLT Wrap Fresh Seasonal Vegetable Fresh or Canned Fruit	28 Pizza Parlor Caesar Side Salad Pretzel Bites Yogurt Pak Munchable Fresh Seasonal Vegetable Fresh or Canned Fruit
31 Chicken & Gravy Cheesy Mashed Potatoes Whole Grain Dinner Roll Crispy Chicken Sandwich Fresh Seasonal Vegetable Fresh or Canned Fruit				

PRICES

Student Lunch	Free
Second Entree	\$1.25
Staff Lunch	\$4.15
Extra Milk	\$.50

EXTRA INFO

Milk Choice of 1% White and Skim Chocolate is Included with Lunch. For Questions or Concerns, Contact Michelle Nelson.
michelle.nelson@rcsmn.org

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
Taher Food4Life®



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Menus are subject to change without notice. This institution is an equal opportunity provider.