St Francis of Assisi

Lunch Menu

February 2023

SEEDLING Café

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Chicken Tacos Lettuce, Tomato and Cheese Ham Deli Sandwich Baby Carrots Banana	**2** Crispy Chicken Sandwich Chef Salad Steamed Peas Pineapple Tidbits	**3** Grilled Cheese Homemade Chicken Noodle Soup Buffalo Chicken Pizza Red Peppers Diced Pears
6 BBQ Pulled Pork Sandwich Buffalo Chicken Wrap Coleslaw Fresh Orange	**7** Crispy Chicken Tenders Cornbread Chicken Caesar Salad Roasted Broccoli Fresh Mixed Fruit	**8** Macaroni & Cheese Whole Grain Dinner Roll Crispy Chicken Sandwich Red Peppers Pineapple Tidbits	**9** Sloppy Joe on a Bun Taco Pinwheels Red Peppers Applesauce	**10** Pizza Parlor Buffalo Chicken Wrap Steamed Carrots Diced Pears
13 Cheeseburger on a Bun Turkey BLT Wrap Cherry Tomato Diced Peaches	**14** Crispy Chicken Nuggets Whole Grain Dinner Roll BBQ Rib Sandwich Steamed Peas Fresh Mixed Fruit	**15** Pork Soft Shell Taco Lettuce, Tomato and Cheese Crispy Chicken Salad Refried Beans Pineapple Tidbits	**16** Pasta with Meatballs & Sauce Garlic Breadstick French Toast Sticks Sausage Patty Roasted Broccoli Applesauce	**17** Pancakes Sausage Patty Spicy Chicken Patty on Bun Steamed Carrots Diced Pears
20 **No School**	**21** Crispy Chicken Tenders Whole Grain Dinner Roll Mashed Potatoes & Gravy Chef Salad Fresh Orange	**22** **Ash Wednesday** Pancakes Cheese Stick Fish Sandwich with Cheese Baby Carrots Pineapple Tidbits	**23** Grilled Ham & Cheese Sandwich Crispy Chicken Sandwich Tater Tots Applesauce	**24** Cheese Pizza Fish Nuggets Garlic Breadstick Steamed Peas Diced Pears
27 Cheeseburger on a Bun BBQ Chicken Pizza Cucumber Slices Diced Peaches	**28** Meatball Marinara Sub Buffalo Chicken Wrap Steamed Green Beans Fresh Mixed Fruit		All Grains Served all Whole Grain	

Menus are subject to change without notice. This institution is an equal opportunity provider.