



OLMSTED MEDICAL CENTER
SPORTS MEDICINE AND ATHLETIC PERFORMANCE

2021 SPORTS PHYSICALS
MINNESOTA STATE HIGH SCHOOL LEAGUE-SANCTIONED ACTIVITIES

Olmsted Medical Center will be offering discounted 2021 sports physicals (appointment required):

DATE/TIME: Saturday, July 31, 2021
8:00 AM – 12:00 PM

LOCATION: OMC Sports Medicine & Athletic Performance Building

ADDRESS: 5155 55th Street NW, Rochester, MN

COST: The cost of these sports physicals will be \$25.

CONTACT: Please call 507.535.1977 to schedule an appointment.

SPORTS PHYSICALS BILLED TO INSURANCE:

Olmsted Medical Center provides scheduled, non-discounted well-child visits during which the sports physical requirements will be reviewed and necessary forms completed. These are available at all clinic locations, except FastCare®. These will be billed to your health insurance as a "Well-Child Visit." It will be the responsibility of the parent to contact their insurance company to determine coverage under their insurance plan.

FASTCARE® LOCATION:

Olmsted Medical Center operates FastCare® (convenience care) clinic which is at Crossroads in Rochester. **This clinic offer sports physicals for \$55.00, which must be paid in cash at the time of service and which are not billable to insurance.** No appointment is necessary. (This site is unable to complete adaptive athletic sports physicals.)

Crossroads: 90 14th Street SW, Rochester (next to the fairgrounds)

FastCare® Hours:

Monday - Friday 8:30 AM – 8:00 PM
Saturday 9:00 AM – 5:00 PM
Sunday 9:00 AM – 5:00 PM

Closed on Holidays

REQUIRED PAPERWORK FOR DISCOUNTED & FASTCARE® LOCATION:

It is necessary for the *parent and patient sections of the MSHSL Sports Qualifying Physical Examination Form 2021-2022 to be fully completed and signed prior to the examination. Only one parent/guardian may be present to accompany the athlete at the time of the exam.*

Bring the following to the appointment:

- If the student wears glasses or contacts, they must wear or bring the glasses/contacts to the appointment.
- The student's immunization record.