

Lunch Menu

October 2020

School Meals
Are
Brain Food!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Mini Corn Dog* Oven Fries Green Beans Fresh Fruit	2 Non-Uniform Day *World Smile Day* Sloppy Joe on Bun* Potato Smiles Baked Beans Fruit Selection End of Quarter
5 Hamburger on Bun* Warm Sliced Carrots Cucumber Coins Baked Chips Fruit Selection	6 Taco in a Bag* Cuban Black Beans Lettuce Salad Pears	7 9:15 School Liturgy Sub Sandwich* Coleslaw Veggies & Hummus Sun Chips* Peaches	8 P-5 Picture Retakes Popcorn Chicken* Brown Rice* Lettuce Salad Broccoli Fresh Fruit	9 HERO T-shirt Day Italian Dunkers* with Dipping Sauce Broccoli Baby Carrots Fruit Selection
12 BBQ Rib Sandwich* Potato Smiles Corn Fruit Selection	13 Rotini Twist Pasta with Marinara Meat Sauce Lettuce Salad Broccoli Peaches Breadstick*	14 9:15 School Liturgy Chicken Strips* Seasoned Rice Green Beans Red Pepper Strips Fruit Selection  Book Mobile	15 No School Fall Break	16 No School Fall Break
19 Nachos* with Meat & Cheese Seasoned Black Beans Lettuce Salad Sliced Pears Pretzel*	20 Pulled Pork Sandwich* Oven Fries Peas Fruit Selection	21 9:05 School Liturgy Pancakes* Sausage Link Yogurt Tri Patty Fresh Veggies Warm Apple Slices	22 Chicken Nuggets* Whipped Potatoes w/Gravy Roasted Carrots Dinner Roll* Fresh Fruit	23 HS Spirit Wear Day Toasted Cheese Sandwich* Tomato Soup Corn Fresh Veggies Applesauce
26 Hot Dog on Bun* Tater Tots Bush's Baked Beans Fruit Selection	27 Chicken & Gravy over Whipped Potatoes Warm Sliced Carrots Fruit Selection Dinner Roll*	28 BIRTHDAY TREAT Lasagna* Lettuce Salad Fresh Veggies Fresh Fruit Breadstick*  Book Mobile	29 Cheese Pizza* Green Beans Fresh Veggies & Hummus Fruit Selection Dirt Cup End of 1st Quarter	30 No School Staff Day

- Menu Subject to Change * Whole Grain * The USDA is an equal opportunity provider and employer.
- This menu may contain one or more of the following: milk, eggs, peanuts, soybeans, tree nuts and wheat.
- Lactose Milk available upon written request.
- When making lunch payments please make check Payable to Holy Spirit Lunch. Include your account number, children's names and amount of payment.