



August 13, 2020

The past few months have presented us with many challenges that perhaps have tested our faith and fortitude. We do believe that we are coming out of this experience more determined and focused on reopening the 2020-2021 school year. This reopening plan was created with the health and wellbeing of our Lourdes High School community – students, faculty and staff – at the forefront. While much has changed, who we are and our mission remain the same. The LHS community is strong and poised to move forward with faith, trust and hope.

What is reflected in this plan is based on the most current information available to us by local, state and national health officials as of the date published at the top of this document.

The following plan will be implemented and maintained to keep our school community healthy and safe. Please note the guidelines in this plan may be amended as needed as circumstances change and/or additional information becomes available.

<b>Reopening Overview for the 2020-2021 Academic Year</b> <i>The following is intended to serve as an outline regarding general guidelines and areas of focus for Lourdes High School.</i>	
<b>Operational Practices</b>	
Training/Communication with Staff	<ul style="list-style-type: none"><li><input type="checkbox"/> Point of Contact to coordinate all components specific to the operation of the school - Dr. Karen Juliano.</li><li><input type="checkbox"/> Staff will be trained on protocols and actions plans for the safe return to school plan during the weeks of August 17th and August 24th.</li></ul>
Adaptability	<ul style="list-style-type: none"><li><input type="checkbox"/> Schools will remain flexible during the ever-changing reality. Plans will be adapted when necessary to keep students and staff healthy and well.</li><li><input type="checkbox"/> Distance learning will be available for students whose parents chose to have them remain home.</li><li><input type="checkbox"/> Web cameras have been installed in the teaching areas so that classes can be live streamed. We will require a quarterly commitment which can be renewed.</li></ul>

	<input type="checkbox"/> Students will be required to comply with all technology regulations. (see LHS Student Handbook - pages 17-18)
Recommendation for coming to school	<input type="checkbox"/> Before coming to school it is important for parents to check with their children regarding:  YES to any of the following?  IF YOU (check all of the following): ____ have a temperature of 100.4 ____ are feeling ill exhibit symptoms consistent with COVID-19 ____ have tested positive for COVID-19 ____ have been in close contact with someone who has tested positive for COVID-19 ____ have been in close contact with someone who is exhibiting COVID-19 symptoms and is awaiting a COVID test  <p style="text-align: center;"><b>STAY AT HOME</b></p> <input type="checkbox"/> Before coming to school, we ask parents to consider transporting their children with other family members only. Having students from different families in the same vehicle increases the possibility of the spread of the virus. <input type="checkbox"/> Students, faculty and staff should exit vehicles already wearing a face mask. <input type="checkbox"/> Before entering the building, please read the signage on the doors. <input type="checkbox"/> When in the building it is important to follow the signage for direction of traffic flow, stairway usage and physical distancing where possible. <input type="checkbox"/> It is important that the behavior regarding safety protocols outside the school be consistent with inside the school protocols.
Entrance / Dismissal Protocols	<input type="checkbox"/> Students and staff are expected to self check for symptoms prior to arriving at any school building and stay home if they have tested positive for COVID 19, have been in close contact with someone who has tested positive for COVID-19 or have been in close contact with someone who is exhibiting COVID-19 symptoms. <input type="checkbox"/> Freshmen and Sophomores will enter Athletics - Door #6 and Juniors and Seniors will enter Fine Arts - Door #2. All students who arrive 7:45 a.m. or later will enter Door #3. Students exiting the building will use the same doors previously identified. We encourage physical distancing during these times. <input type="checkbox"/> Signage will be prominently displayed at each entrance to school buildings indicating entry and exit procedures along with traffic flow and physical distancing requirements.

	<ul style="list-style-type: none"> <li><input type="checkbox"/> End of day dismissal will be staggered to reduce congestion in hallways and common areas.</li> <li><input type="checkbox"/> Lockers will <b>NOT</b> be available.</li> </ul>
Transportation	<ul style="list-style-type: none"> <li><input type="checkbox"/> Transportation will <b>NOT</b> be provided by RPS for nonpublic high school students at this time.</li> </ul>
Meals	<ul style="list-style-type: none"> <li><input type="checkbox"/> Lunch will be offered by TAHER. Options will be Grab and Go or hot lunch served in carry out containers.</li> <li><input type="checkbox"/> Tables will have a maximum of 2 students. Students will be required to wipe down area at the end of their lunch period.</li> <li><input type="checkbox"/> If Commons seating is at a maximum, students may be assigned to other areas of the school for the lunch period.</li> <li><input type="checkbox"/> Microwaves will <b>NOT</b> be available.</li> </ul>
<b>Health and Well-Being</b>	
<p>General Health and Safety</p> <p>Protocol for possible COVID -19</p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Students and staff are expected to self check for symptoms prior to arriving at any school building and stay home if they have tested positive for COVID 19, have been in close contact with someone who has tested positive for COVID-19 or have been in close contact with someone who is exhibiting COVID-19 symptoms.</li> <li><input type="checkbox"/> A focus will be placed on hand-washing for students and staff throughout the day.</li> <li><input type="checkbox"/> Hand sanitizers will be utilized in areas where there is not soap and water readily available. They will be located in the main entrance to the school, the main office, classrooms, counseling area, the entrances to each pod (1<sup>st</sup> and 2<sup>nd</sup> floor) and in the Commons.</li> <li><input type="checkbox"/> Students will be educated in person and through signage regarding proper hand hygiene, respiratory etiquette, mask wearing, and other measures believed to prevent the spread of Covid 19.</li> <li><input type="checkbox"/> Each student is encouraged to bring his or her own water bottle daily - drinking fountains will allow for use with fillable bottles only. Bubblers will not be available.</li> <li><input type="checkbox"/> Students that experience COVID-19 symptoms will be isolated from the rest of the student and staff population while they wait to be picked up.</li> <li><input type="checkbox"/> If a student, faculty or staff member is ill or a family member is ill, the person should stay home from school/work.</li> <li><input type="checkbox"/> If a student becomes ill, the student will be immediately separated from other students, faculty, and staff and sent to a 1<sup>st</sup> floor Isolation Room, and subsequently sent home. If a faculty or staff member becomes ill, they will be immediately sent home.</li> <li><input type="checkbox"/> If a student, faculty, or staff member has symptoms of COVID-19, LHS will require a COVID-19 test, and the person is to remain at home while the results are pending. If the</li> </ul>

	<p>results of the COVID-19 test are negative, the student, faculty or staff member can return to school or work after symptoms have improved and they are fever free without the use of medication for 24 hours. If the results are positive for COVID-19, the student, faculty, or staff member will remain under home isolation for 14 days after exposure and until the results of a subsequent COVID-19 test are negative and it has been 10 days since the last symptoms.</p>
Face coverings	<ul style="list-style-type: none"> <li><input type="checkbox"/> Staff will utilize face coverings throughout the day (except for Physical Ed), especially in cases where proper physical distancing guidelines of 6 feet of separation cannot be maintained and while eating.</li> <li><input type="checkbox"/> Face Covering recommendations in terms of effectiveness: (1) N-95 mask (2) cloth mask, (3) paper (disposable) mask. Neck gaiters and bandanas will <b>not</b> be allowed. This decision is based on the most recent study from Duke University. Here is the link to the results of that study:  <a href="https://abc7.com/what-is-the-best-face-mask-worst-fleece-gaiter-coronavirus-surgical/6364661/">https://abc7.com/what-is-the-best-face-mask-worst-fleece-gaiter-coronavirus-surgical/6364661/</a> </li> <li>Masks <b>must</b> be an appropriate design for school.</li> <li><input type="checkbox"/> Exceptions to face coverings will be determined on an individual basis, based on medical, developmental, or behavioral health needs. Documentation may be requested.</li> </ul>
Physical Distancing Guidelines	<p>All students, faculty, and staff will adhere to the following general guidelines.</p> <ul style="list-style-type: none"> <li>• Classrooms and common spaces have been reconfigured to allow for maximum physical distancing (allowing 6 feet, or 2 arms' length, from other people).</li> <li>• Strategies for maximizing physical distancing include single-direction hallways and stairways and a staggered dismissal at the end of the school day: <ul style="list-style-type: none"> <li><input type="checkbox"/> Follow traffic patterns in hallways, which will direct traffic to the right,</li> <li><input type="checkbox"/> Utilize North stairway (stairway on chapel side) to go "Up", and South stairway (stairway on Commons side) to go "Down" during the day.</li> </ul> </li> <li>• In classrooms and common space areas: do <b>not</b> move any furniture. Furniture has been placed to be compliant with distancing guidelines.</li> </ul>
Cleaning Practices	<ul style="list-style-type: none"> <li><input type="checkbox"/> Restroom facilities will be cleaned every period. Bathroom "main" entrance doors will be kept open to limit "high touch" on the handle as well as proper ventilation in the restroom.</li> <li><input type="checkbox"/> Table eating areas will be cleaned by students (wipes will be provided) at the end of every period.</li> <li><input type="checkbox"/> All classroom desks will be cleaned at the end of every period.</li> <li><input type="checkbox"/> All classrooms and common areas will be thoroughly cleaned and disinfected at the end of each day.</li> </ul>

	<input type="checkbox"/> LHS will be using cleaning products currently used at Mayo.
<b>Curriculum and Instruction</b>	
Classrooms	<input type="checkbox"/> Room arrangements will be altered to allow for as much physical distance between desks as possible. <input type="checkbox"/> Use of Google Classroom and several other Apps <input type="checkbox"/> Assignments will be submitted electronically and where possible tests and quizzes will also be done electronically <input type="checkbox"/> Students will have to have their own art supplies <input type="checkbox"/> LHS ventilation system has been modified to increase outside fresh air coming into the building for better circulation. <input type="checkbox"/> Equipment, electronics, and furniture will be disinfected between student use when possible. <input type="checkbox"/> If COVID-19 metrics worsen (either at a school site or locally), the school may need to implement distance learning as directed by local, regional, or state agencies. <input type="checkbox"/> Distance Learning students (classroom readiness): <ul style="list-style-type: none"> <li><input type="checkbox"/> Students must be visually present, on time, and seated at a desk or table for each class period.</li> <li><input type="checkbox"/> Be in an environment conducive to learning.</li> <li><input type="checkbox"/> Students will follow in-school rules, for example no eating breakfast, walking around or leaving “class.”</li> </ul>
Attendance	<input type="checkbox"/> Daily attendance will be taken. If your child will not be in attendance, you are asked to <b>CALL THE SCHOOL OFFICE OR EMAIL THE SCHOOL OFFICE (289-3991) BY 7:30 A.M.</b> <input type="checkbox"/> Staff and students are expected to self-report if they test positive or were exposed to someone with COVID-19 within the last 14 days. <input type="checkbox"/> Distance learning options will be available to students who are unable or unwilling to attend classes in person. Families with these needs should contact the principal as soon as possible. Those who have chosen to participate through distance learning will be required to commit for one quarter. This option can be renewed for a quarter at a time.
Personal Items	<input type="checkbox"/> Students will not be allowed to store books, backpacks, laptops, or personal items at school. All student possessions must remain with the student while they are on campus during the school day and must return home with them each day. Lockers will <b>not</b> be available.

	<ul style="list-style-type: none"> <li>❑ In addition, students, faculty, and staff should clean and sanitize personal electronic devices (smart phones &amp; Chromebooks) according to manufacturer directions.</li> </ul>
<b>Creating and Maintaining Community</b>	
Social, Spiritual, and Emotional Well-Being	<ul style="list-style-type: none"> <li>❑ Daily prayer will continue to be a part of each day.</li> <li>❑ School Mass - Mass will be scheduled on a class by class basis, depending on the availability of a celebrant. It will either be in the auditorium (social distancing) or virtually in the classrooms. We will follow the protocols that are determined as safe by the school and diocese.</li> <li>❑ Convocation will be scheduled when possible for small groups/presentations.</li> <li>❑ Creative opportunities for socialization and engagement will be incorporated at the school while maintaining physical distance.</li> </ul>
Student/Family Support	<ul style="list-style-type: none"> <li>❑ Counselors and the campus minister will be available for students and families.</li> </ul>
Activities/Sports	<ul style="list-style-type: none"> <li>❑ Information on all Minnesota State High School League (MSHSL) sanctioned activities and details regarding practices will be shared by the RCS Activities Office and/or head coaches.</li> <li>❑ Specific details regarding any opportunities for clubs, organizations, and athletics will be communicated by each school, when available.</li> <li>❑ Students who have chosen to participate remotely may not participate in athletics or activities.</li> <li>❑ Off campus field trips, travel, assemblies, and concerts will be cancelled until further notice.</li> </ul>
General Communication	<ul style="list-style-type: none"> <li>❑ LHS will continue to produce and share weekly emailed school broadcasts each Friday during the school year.</li> <li>❑ In the event of a positive test or a need for shutdown/isolation, the school will follow the protocols established by the Olmsted County Public Health Services and information will be shared with families as soon as possible.</li> <li>❑ Up-to-date information will be made available at <a href="http://www.rcsmn.org">www.rcsmn.org</a> throughout the school year.</li> <li>❑ Families are responsible for keeping personal contact information, including email address and phone number, up-to-date in Infinite Campus. Any questions or issues should be directed to the school's administrative assistant.</li> </ul>
Parents, Guests, and Visitors	<ul style="list-style-type: none"> <li>❑ Visitors will be limited to the main office unless an appointment has been made. Once appointment has been verified, the visitor will be escorted to location.</li> <li>❑ All visitors will be required to wear a face mask.</li> </ul>

Throughout the planning process, the [Centers for Disease Control and Prevention](#) (CDC), [Minnesota Department of Health](#) (MDH), [Minnesota Department of Education](#) (MDE), Diocese of Winona-Rochester, [Olmsted County Public Health](#) and Mayo Clinic have been valuable resources. The guidelines and conclusions offered by each organization have strongly influenced the academic plan for the 2020-21 school year.

## **Prayer during COVID 19**

### **By Megan Sheehan, Marquette University**

Dear Lord,

As the coronavirus (COVID-19) affects our world, we continue to pray. We invite you into our hearts, Lord - hearts that have so much on them now. Amidst our fear, disappointment, confusion, uncertainty, grief, anger, frustration and more. We invite you in, Lord. We know you are bigger.

May we be given a peace and understanding of cancellations and social distancing rules. May we act with humility to not just preserve our own safety and health, but to look beyond ourselves and think of how our actions will affect others. May we be alert to the ways we may help those around us, and give us the grace to step forward without hesitation to be men and women for and with others, for Your greater glory.

Come to our aid, Lord. Open our ears to hear your voice in these troubled times, may we listen and be prudent and may we draw ever closer to you.

Amen.