

Dear Saint Francis of Assisi School Families,

We hope this letter finds everyone enjoying their summer. We would like to let you know about the Hot Lunch Program for the 2020-21 school year.

The lunch prices system wide are \$3.05 for students, \$4.05 for teachers/adults/guests and \$0.50 for milk.

Kindergarten students are offered a choice to receive a carton of milk as part of their daily snack. Kindergarten milk price is \$0.15 per carton of milk, regardless if you qualify for free or reduced lunch prices. On the days the kindergarten students choose a carton of milk with their snack, the teacher charges their lunch account for the snack milk.

Junior High students have the privilege of purchasing two a la carte items after they have eaten their lunch. The a la carte items range in price from \$.60 cents to \$1.25. These purchases can make your lunch account balance go down very fast, you may want to discuss how much extra money your child is allowed to spend on a daily or weekly basis.

Starting in October, grades 6, 7 and 8 will have the option of an entree salad instead of the regular menu entree. The salad option is offered on Tuesday (Taco Salad) and Thursday (Popcorn Chicken Salad) weekly. The cost of the salad lunch is the same as the regular menu lunch.

To deposit money into your family's account, place checks or cash in an envelope with the student's name on the front. Payments can be dropped off on Welcome Day, Meet the Teacher Day or sent with the student on the first day of school. Payments can also be made online through the Infinite Campus system, please note that there is a \$1.00 user fee charged per online payment. When a student's account falls below \$15.00 a low balance notice will be sent out electronically, if you would like a paper copy, please email me your request to mfriedrich@rcsmn.org. Junior High students with a negative lunch balance are not able to purchase a la carte items. If circumstances arise that delay payment, please contact Mrs. Friedrich through the school's front office.

Families that wish to be considered for Free or Reduced lunch should submit the Free and Reduced Application that is provided. Families may apply for this benefit at any point through the year. Please note that even if you qualified for this benefit last school year a new application needs to be completed to continue receiving the benefit. Please contact me at mfriedrich@rcsmn.org with any questions about this form or process.

The St. Francis lunch program is part of the National School Lunch Program, which means we must serve the following components to our students: Meat/Meat Alternate, Whole Grains, wide variety of Vegetables (dark green, red/orange, starchy, legumes and others), Fruit, and Low Fat Milk choices. Students in grades K-3 will be served a plated lunch with components that meet mandated requirements. Students in grades 4-8 will need to select a minimum of three (out of five) components. At least one of the selected components must be a fruit or vegetable.. We offer free second helpings of fruits and vegetables if students are still hungry after finishing their hot lunch. Junior High students can purchase a second main entrée at the cost of \$1.25.

If your child has special dietary needs please contact me to discuss options. Please submit a written request if your child needs lactaid milk instead of regular milk. If you have any questions about our program, feel free to contact me.

We need parent volunteers daily from 11:15 am to 1:00 pm. Please think about helping serve lunch. If you are volunteering and wish to have lunch with us, please come at 10:50 am. Any time that you can give us will be greatly appreciated.

Enjoy the rest of your summer!

MaryFriedrich
Head Cook

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